More than just a number

In Manchester we work with Change, Grow, Live across the city to deliver the integrated drug and alcohol service for adults. We provide therapeutic day programmes focussing on relapse prevention, recovery and family coaching, community peer support activities and a housing pathway that supports individuals to independent living. We take a strengths based approach to support service users to achieve their goals and improve health and wellbeing.

Our impact

2018/2019
**Programmes**
- Over 550 individuals supported to improve their health and wellbeing
- Over 2,500 interventions delivered
- 218 individuals supported to maintain abstinence through relapse prevention support

**Coaching**
- 75% of coaches moved to full time employment
- 25 Recovery Coaches trained
- 655 coach interventions delivered

**Housing**
- 35% living with us are working or volunteering
- 10% living with us are pursuing education
- 62% living with us maintain abstinence