# EMERGINGFUTURES

creating opportunity for change

Job Title:	(Accredited) Family Coach	Sub-contract:	CGL North and Central Lancashire
Organisation:	Emerging Futures CIC	Job Ref	FCNCL01
Location:	North and Central Lancashire	Travel Required:	Full driving license and access to own transport
Reports to:	Project lead		desirable but not necessary.
neporto tor	. reject read		Travel expenses covered.
Salary:	Volunteer	Position Type:	Volunteer
HR Contact:	Diane Sharples	Date posted:	11/07/2019
Checks:	DBS & References	Posting Expires:	Ongoing recruitment.

#### **Overview:**

As an Emerging Futures Family Coach, you will support individuals, families and communities impacted by addiction on behalf of Emerging Futures (EF) CIC, as part of the New You project; a community based behaviour change team.

The project will support individuals towards developing resilience and the capacity to live successful and fulfilling lives free of active addiction and other health inflicting conditions.

You will be someone who shares our belief in the inherent capacity and potential of all individuals and that empowering individuals to support each other leads to positive change; not only for themselves, but also for their communities.

We believe that everyone has the potential to grow and learn and achieve the best they can in everything they do. We know it takes courage and commitment to change, which is why we have a passion statement, rather than a mission statement. Being passionate means being:

- : brave enough to say when something isn't good enough
- : humble enough to accept and learn from criticism
- : willing to take responsibility for making things better
- : creative and daring enough to innovate
- : determined to persist when things get tough

The role of Family Coach involves affiliating individuals into developing and established recovery communities and mutual aid groups. You will identify recovery assets and resources within the wider community and support the development of self-sustaining community groups.

You will be involved with supporting families of loved ones affected by addiction through the provision of coaching to support and empower those individuals. You will receive regular supervision, training and support to achieve accreditation.

You will work closely with partner organisations, social enterprises, education and training and community activities.

### **Duties & Responsibilities:**

## You will:

- Actively support the involvement of families and support networks in service development and delivery.
- Alongside all Emerging Futures Staff, promote the message of hope, recovery capital, visible assertive linkage, collaborative working and meaningful reintegration into the community.
- Support with the delivery of programs or interventions on behalf of CGL as required.
- Work closely with and support other partner staff delivering health interventions.
- Help with the promotion and identifying potential Family Coaches from other services and the wider community.
- Support family, carer's and significant others of those attending the program including co-attended group sessions

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- Support local communities, employers and recovery communities to help the development and growth of local resources that support recovery, wellbeing, desistance and employment
- Maintain case records and utilize case management and support with data collection.

## **Requirements:**

- To undertake the 5-day Family Coaching Training.
- Be established in your own recovery/wellbeing with an appreciation of the pathways you used and the many other pathways to recovery in order to promote recovery/wellbeing in your community.
- Work from varying operational sites as required across North and Central Lancashire (NCL)
- Work collaboratively with other Inspire partners
- Constantly seek to improve personal performance, self-development/awareness, professionalism, contribution, knowledge and skills.
- Attend regular supervision to ensure and maintain good practice.

## **Essential Criteria:**

- An understanding/experience of family recovery as a concept, as well as the range of recovery pathways available in the community and support individuals and their families to find their own pathway.
- Empathy, compassion, patience, professionalism and understanding of peers and their support networks.
- A non-judgmental, self-aware values-based approach to your own wellbeing and the recovery of others with the ability to turn your experience into expertise.
- An understanding of addiction and the impact on the family in order to support meaningful community engagement outside of structured treatment/criminal justice settings.
- The confidence, enthusiasm and articulation to clearly explain and promote the services provided by Emerging Futures CIC to the wider general public and local business.
- A commitment to diversity and equal opportunities and a commitment to recovery pathways and their unique nature.
- Ability to maintain professional boundaries and work effectively within a team and with other professional from partnership agencies.

### **Desirable Criteria**

- Full driving licence and access to own transport
- Ability to work flexibly across the network including delivering the service during weekends and evenings
- Experience of outreach work and community development
- PTTLS or equivalent qualification
- Professional registration (BACP, UKCP, BPS, FDAP)
- A good understanding of family systems and systemic approaches to group work
- Knowledge of local services and geography

#### **Additional Notes**

Amendments: This description accurately reflects the present position; it may be amended and reviewed. Any change will be made following a proper period of consultation.