





More than just a number

In Norfolk we work in partnership with Change, Grow, Live to deliver the integrated drug and alcohol service for adults. We provide a variety of behavioural change workshops, recovery coaching and counselling. Our team of Recovery Coaches support the delivery of our workshops, showing recovery is possible and achievable for all. We work in both rural and urban areas across the county. We take a strengths based approach to support service users achieve their goals and improve their health and wellbeing.



Norfolk

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 **WE ARE PASSIONATE**
Brave | Responsible
Creative | Determined

Our impact

2018/2019

EMERGINGFUTURES

creating opportunity for change



Programmes

29

29 groups delivered every week

6,621

6,621 individuals contacted

53%

53% of programmes completed

897

897 individuals supported



Coaching & Counselling

676

676 recovery coach support sessions delivered

90%

90% of coaches were given trauma training

40%

40% gained employment

30

30 hours of counselling slots available each week