





## More than just a number

In Sussex and Surrey we work with Change, Grow, Live to deliver brief interventions, behaviour change programmes and end of treatment recovery support. We train Recovery and Family Coaches to support others dealing with substance misuse issues. We also provide a health and wellbeing support network to victims of sexual assault and work with women who are engaged with the criminal justice system.

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 **WE ARE PASSIONATE**  
Brave | Responsible  
Creative | Determined

# Sussex & Surrey

## Our impact

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2018/2019

**EMERGINGFUTURES**  
creating opportunity for change



## Programmes

170+

Over 170 groups delivered every month

291

291 individuals attended asset-based community development days

1,000+

Over 1,000 referrals received



## Coaching

100+

Over 100 individuals attended coach training

62

62 volunteers found full or part time employment

98%

98% would recommended our Women's Steps to Change Service to others